



respect



Values



care

Relationships Education Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- **caring friendships**
- **respectful relationships**
- **online relationships**
- **being safe**



health



body



mind

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- **internet safety and harms**
- physical health and fitness
- **healthy eating**
- facts and risks associated with drugs, alcohol and tobacco
- **health and prevention**
- basic first aid
- **changing adolescent body**



Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe. This is part of safeguarding all children.

At Monega, we will not be teaching sex education.



- We **do not** teach about any intimacy or sexual acts
- We **do not** label intimate body parts until year 6.
- We **do** use images and stories that reflect modern Britain
- We **do** teach girls about periods in 5 & 6 to ensure safety for all.
- We **do** teach about the beginnings of puberty in Year 5 as part of the science curriculum